



COMPETITIONS AT HOME - PARENT GUIDE FOR: [St. Wilfrid's Catholic Primary School](#)



Kingsbury School Sports Partnership provides PE, Physical Activity and School Sport opportunities to schools in North & East Birmingham. In order to try and keep pupils active over the lockdown period we are releasing a variety of Virtual Competitions and Personal Challenges that pupils can take part in. It's really important that children aged 5-18 years old get 60 minutes of physical activity a day, so hopefully some of these activities will help to achieve this. Children will gain points for their school by entering, but the most important thing is that they have fun, practice the challenges and try and beat their personal best!

We have events suitable for KS 1 and KS 2. To enable children to compete on an even playing field, children will be able to enter events in 3 different categories, **Sporty** (children who take part in sports clubs and often represent the school), **Semi Sporty** (children who like PE & Sport but don't excel) **Non Sporty** (children who don't really like PE & Sport and aren't very active).

All of the results are recorded via a platform called Koboca. The site is fully GDPR compliant, click here to view the [GDPR Policy](#). All results are submitted directly to school dashboards. Kingsbury SSP do not see any child information, we only see that a child has participated from a school. If parents have any queries about the use of data please contact Alison Mapp at ceo@ksspcic.co.uk

To get full details of all the competitions please visit our 'Home Competition' page on our website <https://kssp.co.uk/homecompetition/primarycomp/>. All scores can be inputted by clicking on the survey links below or by finding your school name on our website page. The aim is that children practice the challenges and then input their best scores. *GOOD LUCK EVERYONE!*

Competition	Events	Submit results via this link (<i>links are different for each competition</i>)
KS1 Athletics	Speed Bounce, Balance Test, Shuttle Run	https://www.koboca.co.uk/ks-1-sportshall-athletics-home/?q=fdd61dd9&s=13dddc6a
KS2 Athletics	Speed Bounce, Shuttle Run, Chest Push	https://www.koboca.co.uk/ks2-sportshall-athletics-home/?q=f8301d95&s=f6c237b5
KS2 Ultimate Warrior	Speed Bounce, Step Ups, Shuttle, Star Jumps (all 4 stations in one go)	https://www.koboca.co.uk/koboca-ultimate-warrior15/?q=cceddad2&s=99f6bb2d
Inclusion (all year groups)	Various inclusion activities that utilise equipment within the home	https://www.koboca.co.uk/inclusion-event/?q=aed8661c&s=00416d0a
Football (all year groups)	Keepy Ups, Nutmegs & Sole Taps Challenge	https://www.koboca.co.uk/home-football-challenge10/?q=18c1c036&s=a6fd8103
SUPER 60 CHALLENGE (all year groups)	This challenge is to be completed each week. Children have to submit the number of active minutes they have done each day	https://forms.gle/7GNMkxFvYXLtfb4Z9
Dance (all year groups)	Participation Challenge and Dance competition Visit the website for info.	Share your videos with KSSP on Twitter & Facebook @KingsburySSP

The competitions above will be running this half term. The aim is to practice the events several times before submitting the results. The scores will be added to the school dashboard and also earn points for your schools on our Partnership League Table! More events will be coming soon!!