



PSHE, Scarf, Ten:Ten, E-Safety and Safeguarding Links

PSHE



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What is Scarf?

SCARF – Safety, Caring, Achievement, Resilience, Friendship:

SCARF's whole-school approach supports primary schools in promoting positive behaviour, mental health, wellbeing, resilience and achievement.

More than just a PSHE scheme of work, SCARF supports great learning every day. SCARF represents values for children of Safety, Caring, Achievement, Resilience and Friendship.

SCARF is a whole-school approach to promoting behaviour, safety, achievement and wellbeing.

What is Ten:Ten

Taught with a spiral approach to learning, the programme includes teaching about personal health, physical and emotional well-being, strong emotions, private parts of the body, personal relationships, family structures, trusted adults, growing bodies, puberty, periods, life cycles, the dangers of social media, where babies come from, an understanding of the Common Good and living in the wider world.

The entire teaching is underpinned with a Christian faith understanding that our deepest identity is as a child of God – created, chosen and loved by God. The programme is fully inclusive of all pupils and their families.



Safeguarding areas covered in our curriculum and within Scarf PSHE Scheme

School Curriculum	Area covered in our curriculum and within Scarf PSHE Scheme
<p>Safeguarding and child protection</p>	<p>SCARF Coverage</p> <ul style="list-style-type: none"> • RWho can help me? • RKeeping safe online • RMe and my body - girls and boys • Y1Sharing pictures • Y1Unkind, tease or bully? • Y1Thinking about feelings • Y1Surprises and secrets • Y1Good or bad touches? • Y1What could Harold do? • Y1Keeping privates private • Y2Fun or not? • Y2Harold's picnic • Y2Types of bullying • Y2How safe would you feel? • Y2What should Harold say? • Y2Should I tell? • Y2I don't like that! • Y2Don't do that! • Y2Playing games • Y2My body, your body • Y2Some secrets should never be kept • Y2Feeling safe • Y3Secret or surprise? • Y3Safe or unsafe? • Y3Body space • Y3As a rule • Y4Picture wise • Y4Who helps us stay healthy and safe? • Y4Secret or surprise? • Y4Keeping ourselves safe • Y5Independence and responsibility • Y5Taking notice of our feelings • Y5Dear Ash • Y5Spot bullying • Y5Play, like, share • Y5Relationship cake recipe • Y5Our emotional needs • Y6Acting appropriately • Y6Pressure online <p>Ten:Ten - My body my rules (EYFS) Ten:Ten - Safe in my body (Year 4) Ten:Ten - Under Pressure (Year 6)</p>
<p>E-Safety</p>	<p>SCARF Coverage</p> <ul style="list-style-type: none"> • RKeeping safe online • Y1Sharing pictures • Y2Playing games • Y3Super Searcher • Y3None of your business! • Y4Picture wise • Y5Spot bullying • Y5Play, like, share • Y5Is it true? • Y6To share or not to share? • Y6Pressure online • Y6Fakebook friends • Y6Think before you click! <p>Ten:Ten - Being Safe (Year 2) Ten:Ten - Sharing Online (Year 4) Ten:Ten - Seeing Stuff online (Year 6)</p>
<p>Child Sexual Exploitation</p>	<p>SCARF Coverage</p> <ul style="list-style-type: none"> • Y6Pressure online • Y6Safe/unsafe touches <p>NSPCC PANTS Lessons</p>

Safeguarding areas covered in our curriculum and within Jigsaw PSHE Scheme

School Curriculum	Area covered in our curriculum and within Jigsaw PSHE Scheme
Domestic Violence	<p>SCARF Coverage</p> <ul style="list-style-type: none"> • Y6 Positive relationships <p>Ten:Ten - Types of abuse (Year 4 and Year 6)</p>
Gender Based Violence	<p>SCARF Coverage</p> <ul style="list-style-type: none"> • Y6 Gender stereotyping and violence
Prevent	<p>SCARF Coverage</p> <ul style="list-style-type: none"> • Y3Our friends and neighbours • Y4The people we share our world with • Y5The land of the Red People • Y6Respecting differences • Y6OK to be different <p>Fundamental British Values</p>
British Values	<p>SCARF Coverage</p> <ul style="list-style-type: none"> • R All about me • R I'm special, you're special • R Same and different • R Same and different families • R Same and different homes • R I am caring • R I am a friend • Y1Same or different? • Y1Why we have classroom rules • Y1Taking care of something • Y1It's not fair! • Y2Getting on with others • Y2Our ideal classroom (1) • Y2Our ideal classroom (2) (OPTIONAL) • Y2When someone is feeling left out • Y2An act of kindness • Y3Respect and challenge • Y3Let's celebrate our differences • Y3Our friends and neighbours • Y3As a rule • Y4What would I do? • Y4What makes me ME! • Y4Can you sort it? • Y4Different feelings • Y4How do we make a difference? • Y4The people we share our world with • Y4It's your right • Y5Kind conversations • Y5Local councils (OPTIONAL) • Y5The land of the Red People • Y6Tolerance and respect for others • Y6Democracy in Britain 1 - Elections • Y6Democracy in Britain 2 - How (most) laws are made • Y6Respecting differences • Y6OK to be different <p>Setting rules at the start of the year in class</p>

Safeguarding areas covered in our curriculum and within Jigsaw PSHE Scheme

School Curriculum	Area covered in our curriculum and within Jigsaw PSHE Scheme
Hate Crimes	<p>SCARF Coverage</p> <ul style="list-style-type: none"> Y5 Antisocial Behaviour Y6 We have more in common than not
Honour Based Violence	Y6 Workshop- Violence Reduction Unit (Summer Term)
Gangs and Youth Violence	<p>SCARF Coverage</p> <ul style="list-style-type: none"> Y4 Safety in numbers Y5 Help! I'm a teenager - get me out of here! Y5 Decision dilemmas Y5 Would you risk it? Y5 Being assertive Y6 Behave yourself
Anti-bullying including cyber	<p>SCARF Coverage</p> <ul style="list-style-type: none"> Y1 Unkind, tease or bully? Y1 Who can help? (2) Y1 It's not fair! Y1 Who can help? (1) Y2 Bullying or teasing? (OPTIONAL) Y2 Don't do that! Y2 Types of bullying Y2 What makes us who we are? Y3 Zeb Y3 Let's celebrate our differences Y4 Ok or not ok? (part 2) Y4 Friend or acquaintance? Y4 Ok or not ok? (part 1) Y4 Keeping ourselves safe Y4 What would I do? Y4 Raisin challenge (2) Y4 How dare you! Y4 Under pressure Y4 Safety in numbers Y5 Stop, start, stereotypes Y5 Decision dilemmas Y5 The land of the Red People Y5 Is it true? Y5 Ella's diary dilemma Y5 Spot bullying Y5 How are they feeling? Y5 Taking notice of our feelings Y5 Happy being me Y6 Think before you click! Y6 OK to be different Y6 Captain Coram 2 - Thomas Coram and the Foundling Hospital Y6 We have more in common than not Y6 I look great! Y6 Behave yourself Y6 Assertiveness skills (formerly Behave yourself - 2) Y6 To share or not to share? Y6 Pressure online <p>Ten:Ten - Physical contact (Year 2)</p>

Safeguarding areas covered in our curriculum and within Jigsaw PSHE Scheme

School Curriculum	Area covered in our curriculum and within Jigsaw PSHE Scheme
Mental Health	<p>SCARF Coverage</p> <ul style="list-style-type: none"> • Y4Volunteering is cool (OPTIONAL) • Y4My school community (1) • Y4An email from Harold! • Y4Moving house • Y4My feelings are all over the place! • Y4Raisin challenge (2) • Y5How are they feeling? • Y6Five Ways to Wellbeing project • Y6I look great! <p>Ten:Ten - Feeling inside out (Year 2) Ten:Ten - Body Image (Year 6) Ten:Ten - Building others up (Year 6)</p>
FGM	<p>SCARF Coverage</p> <ul style="list-style-type: none"> • Y5Growing up and changing bodies • Y6Is this normal? • Y6Acting appropriately
Teenage Relationship Abuse	<p>SCARF Coverage</p> <ul style="list-style-type: none"> • Y4Together • Y6Don't force me
Sexting	<p>SCARF Coverage</p> <ul style="list-style-type: none"> • Y4Picture wise • Y6To share or not to share? • Y6Pressure online
Substance Misuse	<p>SCARF Coverage</p> <ul style="list-style-type: none"> • Y2Harold's picnic • Y3Alcohol and cigarettes: the facts • Y3Help or harm? • Y3Poorly Harold • Y4Know the norms • Y4Medicines: check the label • Y5Smoking: what is normal? • Y5Drugs: true or false? • Y6Rat Park • Y6What sort of drug is...? • Y6Drugs: it's the law! • Y6Alcohol: what is normal? • Y6Two sides to every story <p>Ten:Ten - Drugs alcohol and tobacco (Year 4) Ten:Ten - Harmful Substances (Year 6)</p>

Pastoral Support

At St Wilfrid's Catholic Primary School we want everyone involved with our school to feel well supported and safeguarded. We believe that good pastoral support focuses on nurturing the individual needs of each child. We aim to build trusting and empathic relationships with all our pupils and their families.

Alongside our extensive PSHE Curriculum, our Pastoral Manager and Pastoral Mentor work with pupils so they can lead fulfilling and balanced lives at school and beyond.

All our staff model to students how to look after themselves and others: encouraging them to seek help, support or advice whenever they need it.

Pastoral care underpins personal development and we know from experience that with outstanding pastoral care, students feel they belong and their self-esteem is able to flourish because they feel valued and cared for.

Supporting the pastoral needs of pupils sometimes involves working with external agencies. In these situations we ensure that a confidential, professional, non-judgemental and sensitive service is provided.